

THE ROALD DAHL
MUSEUM AND
STORY CENTRE

SEND-SORY

COURTYARD TRAIL



Welcome to our SEND-sory Trail — a place to move, explore and to help you regulate. This circuit is designed to engage your senses and spark your imagination.

Look out for these markers in the courtyard.



If you would like the trail in symbol/Wigit form just ask.

1 Foxy Footsteps

Start at the front near the Wonka Gates.

Mr Fox and his friends carried lots and lots of heavy bags through winding and twisting tunnels for their fantastic feast.

Imagine you have Mr Fox's heavy backpack on and head out into the courtyard to explore. Can you spot Mr Fox on your travels?

You could:

- Take a deep breath. What can you smell?
- Stamp your feet and move really slowly
- Make tiny movements like the quick steps of Mr Fox
- Wave your arms like Mr Fox's swishing tail
- Create a twisting and turning path
- Finish where you started!

Fun Fact: *Fantastic Mr Fox* is based on stories Roald Dahl used to tell his own children about a family of foxes that lived under an old beech tree at the top of their garden.



2

Truly Scrumptious Treats

Gather by the Wonka Gates.

These are our replica Wonka Gates, donated to us by Warner Brothers. They originally offered us the gates from the 2005 film *Charlie and the Chocolate Factory* but they were too large so they made us our very own set!



Pretend to eat a scrumptious treat!

- Move your body, arms, hands and fingers to act out unwrapping a GIANT bar of chocolate.
- Move your mouth as if you are chewing something tasty.
- Make yummy, eating, chomping, tasting noises.
- Make the sound of a chocolate bar's wrapper. Would it make a rustling, snapping or crackling noise?
- Make the facial expressions of someone eating something really tasty.
- Trace the patterns on the Wonka Gates.



WONKA'S WHIPPLE-SCRUMPTIOUS FUDGEMALLOW DELIGHT

“ Charlie looked down at the bar of chocolate. He ran his fingers slowly back and forth along the length of it, stroking it lovingly, and the shiny paper wrapper made little sharp crackly noises. ”

Charlie and the Chocolate Factory

3 Noticing Noise

Head to the benches by the black stairs.

Sit, stand or lean to make yourself comfortable.



What noises can you hear?

- Birds
- Wind in the trees
- Traffic on the High Street
- Planes in the sky
- Other people's voices

Let's warm up our voices! Can you copy these sounds or make noises of your own?

Why not try recording these into your phone to listen to them again.

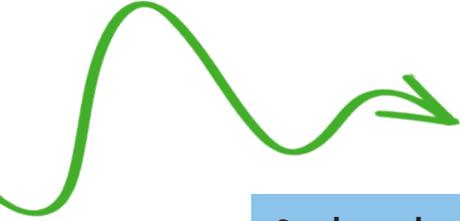


Fun Fact: Roald Dahl lived in Great Missenden, which is where you are today. Roald walked with his dogs to the shops on the High Street. He explored the local woods and he wrote his famous stories from his Writing Hut in his garden. Perhaps Roald noticed similar sounds to you on his walks around the village!

4 Slow and Steady

Head to the image of Esio Trot and the planters.

Imagine you are Esio Trot. Move very slowly and quietly like a tortoise.



See how slowly you can move in this pattern:

- 2 slow movements forward
- 1 small movement backwards
- 3 big movements forward
- 2 small movements backwards

Repeat



Why not pretend to be munching on cabbage leaves as you go. What are the best faces you can pull?

“ The floor was swarming with tortoises of different sizes, some walking slowly about and exploring, some munching cabbage leaves, others drinking water from a big shallow dish. ”

Esio Trot



5 Power Up!

Head to the benches outside the Story Centre.

Roald Dahl wrote about planes and birds flying in his stories. He also wrote about other strange things that can't usually fly, like a giant peach and a glass lift. In his imagination, anything could go whizzing, floating or gliding through the air!



“ ‘Did we go too far?’ Charlie asked.
‘Too far?’ cried Mr Wonka. ‘Of course we
went too far! We’ve gone into orbit!’ ”

Charlie and the Great Glass Elevator

6

Examining Texture

Head to the image of the Empire State Building.

Investigate the different textures and shapes in this area of the courtyard.

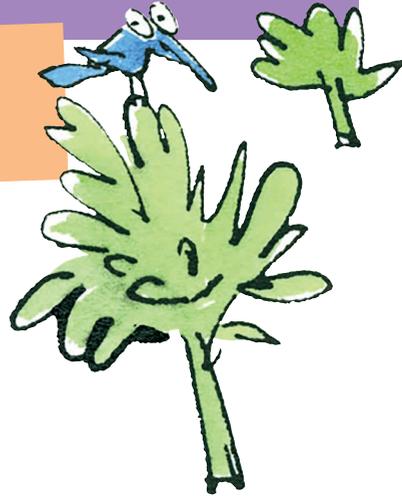
Can you:

- Follow the lines of the windows on the Empire State Building
- Trace the edges of the brick work
- Follow the line of the bricks in a circle or around the trees (repeat)
- Touch the bark on the trees

Which surface did you like most?

Which did you like least?

What do the textures make you think of?



Fun Fact: Roald Dahl lived in New York City where the Empire State Building is. The building also features in *James and the Giant Peach*.

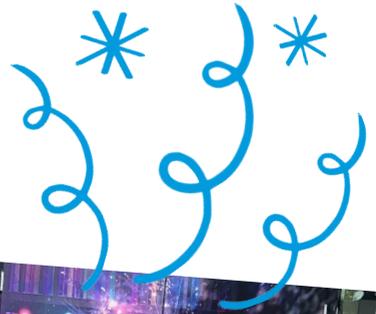
7

Power Pose

Gather by the Matilda statue.

Can you:

- Strike a pose
- Stand on one leg
- Twist
- Lean
- Stand tall
- Put your arms in the air
- Put your hands on your hips
- Raise one leg
- Pull a powerful facial expression



“ She felt fairly confident that with a great deal of practice and effort, she would succeed in the end. ”

Matilda



Feel free to use this page for any notes or scribbles!

How can we help?

If you need a quiet space head to the courtyard, the main corridor or the Upper Babbling Room.

Ask us about our SEND resources, including Quiet Space Kits and Explorer Bags.

You can also pick up our self-led Village and Countryside Trails which take you out of the Museum to explore local places that inspired the stories.

Created in collaboration with:



NPHT

**NATIONAL PARALYMPIC
HERITAGE TRUST**

roalddahlmuseum.org

